

Don't Miss the 2012

moco mojo kids triathlon!

Presented by Frederick S. Fritz Orthodontics
Benefitting Make-A-Wish® Mid-Atlantic

Sunday, July 29th, 2012 at 8:00am

Martin Luther King Jr. Recreational Park & Outdoor Pool
1201 Jackson Road, Silver Spring, Maryland 20904

Kids! Grab your swim goggles, your bike, and your sneakers for the 2nd annual MOCO MOJO Kids Triathlon, Presented by Frederick S. Fritz Orthodontics Benefitting Make-A-Wish Mid-Atlantic. 5% of all net proceeds from registration fees will be donated to Make-A-Wish Mid-Atlantic with a minimum donation of \$300.

Children from age 5 to 13 can compete in a safe, non-competitive environment to learn more about the sport of Triathlon and to promote a healthy, active lifestyle! The course features a pool swim, a closed road bicycle course, and a park path run.

Age Groups and Race Distances:



	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
Ages 5-6	25 meters	1 mile	½ mile
Ages 7-9	50 meters	2 miles	½ mile
Ages 10-13	100 meters	3 miles	1 mile



All triathletes will receive a race "Goodie Bag" and t-shirt. Timing chips will be used to record swim, bike, run, transition and overall times. Medals will be awarded to all finishers and Age Group winners will receive an additional award.

Registration is \$40. Field limited to 150 children.

****If your child does not already have a USAT membership, an additional \$15 will be collected at packet pick-up for a one-day USAT License****

For more information and link to registration, please visit:

www.mocomultisport.org